# Inspiration for Intergenerational Programming

## Connecting the Generations

### KEY CONCEPTS | ACTIVITIES | RESOURCES
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**K-3**
- talk about older adults they know, what they do, what they look like, their role in their families
- discuss the meaning of respect, what does it look like, and sound like
- invite an older adult to read an intergenerational focused book
- participate in art activities with older adults
- plan a WEAAD walk
- make purple ribbons
- have a picnic
- Across the Generations tool kit
- WEAAD activity sheet

**4-6**
- discuss myths and stereotypes of aging
- talk about bullying - it occurs at all ages
- talk about how we can show respect of older people in our communities
- participate in or plan your own WEAAD event
- be a pen pal with an older adult
- develop an ongoing intergenerational program
- arrange a visit to a seniors housing facility or personal care home
- Across the Generations tool kit
- ‘Seniors are Cool’ video

**7-12**
- discuss myths and stereotypes of aging
- develop a sense of personal and social responsibility; elder abuse prevention;
- understand the rights both of youth and of older adults and how they align
- plan a community WEAAD activity project - see examples in the Teen Kit
- create a media project
- Elder Abuse Awareness Teen Kit
- ‘Seniors are Cool’ video

For more information, links to resources, ideas and to register your event go to www.weaadmanitoba.ca